## FETAL ALCOHOL SPECTRUM DISORDER (FASD)

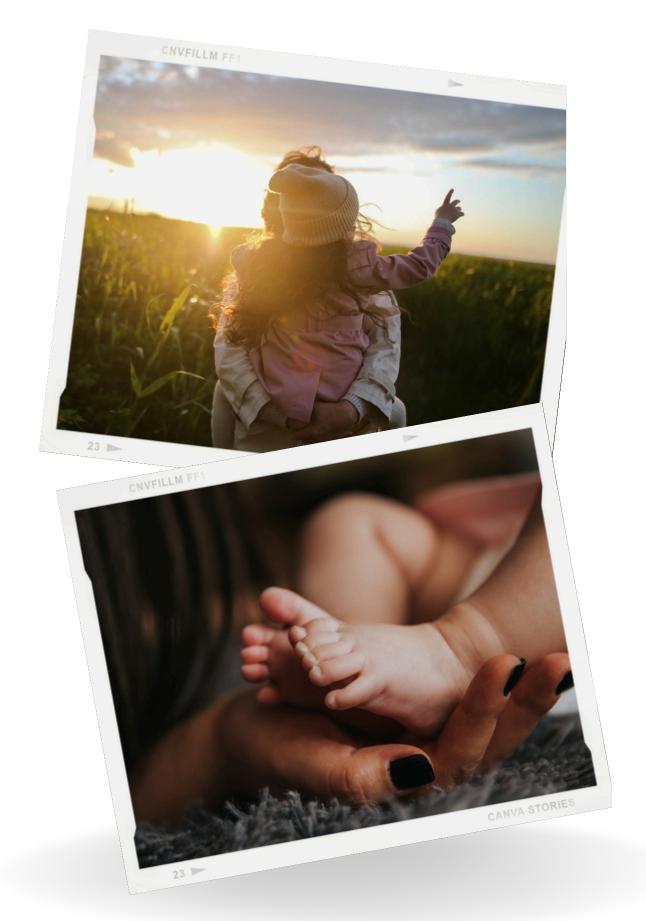
## BIRTH MOTHERS SUPPORT GROUP

## Do you Care for your Child with FASD/Possible FASD?

Join the Ontario FASD Support
Group for Birth Mothers. Gather
with other mothers to discuss the
unique challenges and
opportunities to being a birth
parent. Our goal is to decrease
stigma and increase a sense of
community. This is a peer led
group with support from those
experienced in FASD.



Monthly sessions that will explore life with FASD including stigma, grief and loss, family/self care and building strengths.







## **RESERVE YOUR SPOT!**

Event Date: September 17, 2025
Time: 1:00 PM - 2:30 PM EST
Registration Deadline: September 10, 2025





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