



# WATERLOO REGION FASD SUPPORT GROUP FOR CAREGIVERS

## TOPICS INCLUDE:

- ✓ Creating A Circle of Support
- ✓ The Importance of Structure & Routine
- ✓ The “Snowplow” Approach
- ✓ Transitioning from Adolescence to Adulthood



## TO REGISTER

Contact Rob MacDonald  
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**Connect and discover support!**

